

To Know and Share God's Love

St. Matthew's Episcopal Church

Seventh Sunday after Pentecost
Sunday, July 7, 2024 · 8:00am



NATIONAL MAC & CHEESE DAY **SUNDAY, JULY 14, 10:30AM**

Celebrate National Mac & Cheese day by bringing a dish or crock pot of your favorite mac and cheese to share during coffee hour. Then join us in between the 9:30AM and 11AM services to feast, mingle, and enjoy the cheesiest day of the year!

If you plan to join us for the 9:30AM service, drop your dish or crock pot with Kari in the kitchen before heading into worship.



VACATION BIBLE SCHOOL **JULY 22-26, 2024**

REGISTER :STMTTS.ORG/VBS

Join us for our favorite Summer Camp Experience, VBS! This summer, kids will dive into an ocean of discovery, learning God is a real friend who loves them forever!

To make VBS an awesome experience for our community, we need many volunteers, both adults and teens. Teen helpers are invited to stay each evening after VBS for special fun activities! Service hour certificates are provided.

WELCOME

We know that going to church or to a new church for the first time can be nerve-racking. We want to help make your first experience at St. Matthew's a great one!

If this is your first visit to Saint Matthew's, we welcome you. Please join us between services for coffee, tea and refreshments in the Parish Hall. For more information about our community, visit our website www.stmtts.org. We are so glad you are here!



COMMUNION OF THE PEOPLE

All baptized Christians are welcome to participate in communion. If you would like to receive, simply place one hand on top of the other, palms up, and the priest will place bread in your hand. You may then consume the wafer. If for any reason you prefer to receive a blessing, simply cross your arms across your chest and the priest will give you a blessing. Gluten free wafers are available upon request.

Would you like to learn more about baptism? Please visit our website: stmtts.org/baptism or contact our office via email at Office@stmtts.org or phone at 703-430-2121.

INTERCESSORY PRAYER LIST

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to.

Please pray for the following:

James, Sean, Sieg, Chuck, Lea, Bonnie, Arthur, John G, Glo, Deb, Teresa, Mel, Eric, Debbie, Marshall, Ruth, Remmie, Webster, Julia, Madison, Nora, Robert, Missy, Tom, Lynne, Arianna, Amy, Jackie, Ann, Kay, Jane, Panita, Mary Ann, Sharp Family, Amelia, Kassadi, Kyle, Samantha, Dawn, Rudy, Kay, Clarissa, Huxsten, Dottie, Jonathan, Ageanna, Becky, RL, Darla, Gerry, Paul, Jenny, Reena, Sarah, Brandi, Barbara, Michael, Peggy, Emmett, Cathleen, Ray, BMR, Asley, Robyn, Emma, Frances, Christy, Nick, Gus, Jim, Bill, Aldana, Clint, Chealsie, Edgar, Rusty, Anne, Shelby, Kiera, Marty, Verdun, Candace, Kevin, John, Ome, Renee, Grace, Kristina, Fire Victims, Freya, Ava, Steve, Natalie, Kristen, Sophia, Sadie, Shaundra, Larry, Don, Fabiano, Diana, Phil, Luke, and Brenda.

If you or someone you care about are in need of Pastoral Care, please call 703-430-2121.

8 AM SERVICE

The Word of God

Opening Prayer	
Acclamation and Collect for Purity	355
Holy God	356
Collect of the Day (contemporary)	Insert
Lessons	
First Reading • 2 Samuel 5:1-5, 9-10	
Psalm • 48	
Second Reading • 2 Corinthians 12:2-10	
Gospel • Mark 6:1-13	
Sermon	The Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People, Form VI	392
Confession of Sin and Absolution	359-360
Peace	360
Announcements & Welcome	

The Holy Communion

Presentation of Tithes and Offerings

(An offertory plate is not passed at this service. If you wish to make a donation, the collection plate can be found at the back of the church, or donations are accepted online at www.stmmts.org/give)

*All things come of thee, O Lord,
And of thine own have we given thee.*

Great Thanksgiving • Eucharistic Prayer A	361
The Lord's Prayer	364
Breaking of the Bread	364
Invitation to Communion	364
Communion of the People	
Post-Communion Prayer	366
Blessing	
Procession into the World	366

9:30 AM SERVICE

The Word of God

Opening Song

Opening Prayer (stand through the Gospel)

Song • Devotion

Song • These Thousand Hills

Gospel • Mark 6:1-13

Sermon

The Reverend C. Robert Merola, Jr.

Prayers of the People

Peace

Announcements & Welcome

The Holy Communion

Offertory

(An offertory plate is not passed at this service. If you wish to make a donation, the collection plate can be found at the back of the church, or donations are accepted online at www.stmtts.org/give)

Great Thanksgiving (stand through Communion)

Eucharistic Prayer

Holy • Wholly Yours

The Lord's Prayer

Breaking of the Bread

Communion of the People

Song • Born Again

Closing Prayer (stand through dismissal)

Blessing

Closing Song • All the People Said Amen

Dismissal

11 AM SERVICE

The Word of God

Processional Hymn • #	
Acclamation and Collect for Purity	355
Gloria • S280	
Collect of the Day (Contemporary)	Insert
Lessons	
First Reading • 2 Samuel 5:1-5, 9-10	
Psalm • 48	
Second Reading • 2 Corinthians 12:2-10	
Gospel • Mark 6:1-13	
Sermon	The Reverend C. Robert Merola, Jr.
Nicene Creed	358
Prayers of the People	
Confession of Sin and Absolution	359-360
Peace	360
Announcements & Welcome	

The Holy Communion

Offertory Anthem •	
Presentation of Tithes and Offerings	
Doxology •	
Great Thanksgiving • Eucharistic Prayer C	369
Sanctus • Hymnal S114	
The Lord's Prayer	364
Breaking of the Bread	364
Invitation to Communion	
Communion of the People	
Communion Hymn • #	
Post-Communion Prayer	366
Blessing	
Procession into the World • #	
Dismissal	366



YOUTH GROUP EVENTS

YOUTH GROUP ON SUNDAYS

Donuts and Discovery: Middle and high school students are invited to meet on Sundays at 9:30 AM in classroom four.

Stay updated with all the youth happenings by using Band App! Scan the QR code to join for group updates, chats, & event reminders.



WEDNESDAY, JULY 10

HAMILTON IN NYC! Cost: \$125

Youth and chaperones are invited to a day trip to NYC to step into the world of history and hip hop as we experience Hamilton—live on Broadway. Bus fare, show tickets, and lunch are included. Additional details on this trip and more can be found on the website. RSVP is required and space is limited!


STMTTS.ORG/YOUTH-EVENTS

More summer fun and opportunities for service hours:

July 7—Bowling
July 10—Hamilton in NYC
July 15—Volcano Island
July 22-26—VBS
July 29—Aug. 3—Serve & Fun Camp

Find all upcoming events on the Band App and/or website:

STMTTS.ORG/YOUTH-EVENTS



LUNCH & LEARN

FREE CLASSES FOR HIGH
SCHOOL GRADS &
YOUNG ADULTS

LUNCH & LEARN SUMMER SERIES TUESDAYS AT 12PM

STMTTS.ORG/LUNCH-AND-LEARN

Are you a high school graduate or college aged young adult eager to gain valuable skills? This series of free classes is designed to equip you with essential tools for personal and professional growth. This week, July 9 is Neurodiversity. Register at the link above.

Bring along a bag lunch, something for taking notes, and be prepared to engage and learn!



SPECIAL EVENT

OPIOID OVERDOSE TRAINING TUESDAY, JULY 16, 12PM

You've likely heard about the opioid overdoses which are ravaging our schools and communities. St. Matt's is proud to offer training on how and when to administer Naloxone - a simple way to reverse an opioid overdose. Those who register for this free training by July 9 will receive a dose of Naloxone. This training is open to all! Register by emailing Office@stmmts.org

SUMMER

Kids Events

SUNDAY SUMMER FUN

Join us for worship each Sunday and also enjoy fun and games with our summer interns in between the 9:30 and 11:00 AM services!

Sunday, July 7—VBS Décor Making
Sunday, July 14—Mac & Cheese
Sunday, July 21—Summer Games

VBS DECOR PREP DAYS



VBS DECORATION PREP DAYS

We need YOU to help prepare for the best week of summer! Join us as we create fun art to decorate the walls (and ceiling) of St. Matthew's to share our SCUBA VBS theme. All supplies will be provided. Join us:

Sunday, July 7, 10:30AM or
Tuesday, July 2, 9, & 16 from 1-3PM

CHURCH TO GO VACATION KITS

HEADING ON VACATION?
GRAB A CHURCH-TO-GO KIT



VACATION KIT

Stay connected to Saint Matt's this summer with a church vacation kit.

LAUREN DAIGLE MUSIC SUNDAY



SUNDAY, JULY 21, 9:30AM

Join us for an unforgettable worship experience featuring the greatest hits of Lauren Daigle, one of today's most popular Christian artists! Don't miss out on this uplifting event and the chance to win tickets to her August concert at Wolf Trap. Enter using the QR code in the bulletin insert.



TODAY, JULY 7, 10:30AM

St. Matt's youth enjoyed serving at the Anna Sudha Community Kitchen to help provide meals to those in need. As a thank you to our entire St. Matt's family, Anna Sudha is providing samosas and mango lassis for coffee hour.

SEND US A POSTCARD OR TAG US IN A PHOTO OF YOUR SUMMER VACATION

#StMattsSummer



SEND ST. MATT'S A POSTCARD

Send a postcard to: 201 E. Frederick Dr, Sterling, VA 20164



CELEBRATION GARDEN STMTTS.ORG/GARDEN

Volunteers of all ages are welcome to help supply fresh produce to those in need in our community! Join us on Tuesdays at 8:30AM. Questions? Contact Heidi at garden@stmtts.org.



MEN'S GROUP SATURDAYS AT 8AM

All men are welcome to meet in the classrooms on the hill for fellowship, Bible study, and encouragement. Contact mensgroup@stmtts.org.



ROB RECOMMENDS STMTTS.ORG/ROBREADS

Rev. Rob often recommends books in Sunday messages. If you're looking to add to your summer reading list, check out some of his latest suggestions at the link above.



JULY BIBLE STUDY WEDNESDAYS AT 7PM AND THURSDAYS AT 12PM

Join us as we finish watching season four of the Chosen. You can watch past episodes on the Chosen App.



WOMEN'S MINISTRY STMTTS.ORG/WOMENSGROUPS

Sunday Women's Small Group is back for the summer. Please join us from 2PM–3:30PM in classrooms 1 & 2 on July 7, July 21, Aug 4, Aug 18, and Sept 1. For more information, or to be added to the What's App group, please contact Sara at Office@stmtts.org.

Registration for our **2024 Women's Retreat**, September 20-22, is open. Visit the link above for details and registration. Space is limited.



wisdom that has been given to being done by his hands! Is not Mary and brother of James and others are not his sisters here with him. Then Jesus said to them, "Do not fear, except in their hometown, or in their own house." And he said to them, "Wherever you enter a town, if any place will not receive you, shake the dust from your feet as a testimony against them." So they cast out with oil many who were sick



7 PENTECOST

Seventh Sunday after Pentecost

Revised Common Lectionary
TRACK ONE

COLLECT

O GOD, who hast taught us to love one another by loving thee and our neighbor: Grant us thy Holy Spirit, that we may be devoted to thee with one heart, and united to one another in love; through Jesus Christ our Lord, who lives and reigns with thee and the same Spirit, one God, for ever and ever. Amen.

O GOD, you have taught us to love one another by loving you and our neighbor: Grant us thy Holy Spirit, that we may be devoted to thee with one heart, and united to one another with pure hearts; through our Lord, who lives and reigns with thee and the same Spirit, one God, for ever and ever. Amen.

FIRST READING:

ALL THE TRIBES of Israel came to David at Hebron, and said, "Look, we are your bone and flesh. In the past, when Achish was king over us, it was you who saved us; and when the Lord brought it in. The Lord said to you: It is good that you and I have made my people Israel, you who shall be holy. When the elders of Israel came to the king at Hebron, he made a covenant with them: 'I will be as a father to the aged, and they anointed David king over Israel. He was old when he began to reign, and at Hebron he reigned over Judah seven years and at Jerusalem he reigned thirty-three years. David occupied the city of David. David built the

inward. And David became greater and greater, for the Lord, the God of hosts, was with him.

Refrain

This God shall be our guide for evermore.

Psalm 48 *from the Book of Common Prayer*

- 1 Great is the LORD, and highly to be praised; * in the city of our God is his holy hill.
- 2 Beautiful and lofty, the joy of all the earth, is the hill of Zion, * the very center of the world and the city of the great King.
- 3 God is in her citadels; * he is known to be her sure refuge.
- 4 Behold, the kings of the earth assembled * and marched forward together.
- 5 They looked and were astounded; * they retreated and fled in terror.
- 6 Trembling seized them there; * they writhed like a woman in childbirth,
- like ships of the sea when the east wind shatters them.
- 7 As we have heard, so have we seen, in the city of the LORD of hosts, in the city of our God; * God has established her for ever.
- 8 We have waited in silence on your loving-kindness, O God, * in the midst of your temple.
- 9 Your praise, like your Name, O God, reaches to the world's end; * your right hand is full of justice.
- 10 Let Mount Zion be glad and the cities of Judah rejoice, * because of your judgments.
- 11 Make the circuit of Zion; walk round about

her; * count the number
of her towers.

may tell those who come
after.

12 Consider well her bul-
warks; examine her
strongholds; * that you

13 This God is our God for
ever and ever; * he shall
be our guide for evermore.

SECOND READING: 2 Corinthians 12:2-10

I KNOW A PERSON in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows. And I know that such a person—whether in the body or out of the body I do not know; God knows—was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

GOSPEL: Mark 6:1-13

JESUS CAME to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, “Where did this

man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief. Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, "Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them." So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

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THIS WEEK AT ST. MATT'S

Sunday, July 7th

8:00 am - Rite II Worship Service
9:30 am - Festival Worship Service
9:30 am - Faith Factory
9:30 am - Middle & High School Student
11:00 am - Classic Worship Service
12:30 pm - Youth: Bowling
2:00 pm - Women's Small Group

Monday, July 8th

10:00 am - St Gabriel's STEAM Camp
12:00 pm - Social Time with Candace
7:00 pm - Bread of Life
7:30 pm - Free to Live
8:00 pm - Compline (on line)

Tuesday, July 9th

8:00 am - Celebration Garden Harvest
10:00 am - St Gabriel's STEAM Camp
10:00 am - Outside Book Group
10:00 am - Staff Meeting
12:00 pm - Lunch & Learn
1:00 pm - VBS Decorating Prep
6:30 pm - Alcoholics Anonymous
7:00 pm - Band Rehearsal
8:00 pm - Compline (on line)

Wednesday, July 10th

5:30 am - Youth Group Goes to NYC!
10:00 am - St Gabriel's STEAM Camp
12:00 pm - Alcoholics Anonymous
7:00 pm - Bible Study
8:00 pm - Women's NA Group
8:00 pm - Compline (on line)

Thursday, July 11th

8:30 am - Music in the Garden
9:30 am - Tree of Life Harvest
10:00 am - St Gabriel's STEAM Camp
11:00 am - Anam Cara (closed group)
12:00 pm - Bible Study
7:30 pm - Choir Rehearsal
8:00 pm - Compline (on line)

Friday, July 12th

8:00 am - Cut Flower Harvest
10:00 am - St Gabriel's STEAM Camp
7:00 pm - Old Dominion Dancers
8:00 pm - Compline (on line)

Saturday, July 13th

8:00 am - Voices of Freedom
8:00 am - Men's Group
6:30 pm - Alcoholics Anonymous
7:00 pm - Narcotics Anonymous
8:30 pm - Narcotics Anonymous

HAPPY BIRTHDAY

July 7th: Abigail Smith
July 8th: Rachel Leary, Katie Hancock,
Adryana Pazooki, Matthias Dailey
July 10th: Natalie Dubishar

HAPPY ANNIVERSARY

July 8th: Becky & RL Smith
July 11th: Victoria & Andrew Wiseman

ATTENDANCE

June 30, 2024

Time or Place	Attendance Online	Attendance In-Person
8:00 AM	12	24
9:30 AM	30	146
11:00 AM	13	33
Faith Factory		13
Youth Group		9

HELP SUPPORT

ST. MATTHEW'S MINISTRIES



GIVE ONLINE



stmmts.org/give



venmo



@stmmtssterling



CASH OR CHECK

Checks can be made payable to "St. Matthew's Church"

For more ways to give and information on automatic giving:

stmmts.org/give

WORSHIP OPPORTUNITIES

In-Person & Online

8:00AM | This is a traditional communion service using Rite II from the Book of Common Prayer.

9:30AM | This is a vibrant communion service with our very own live band. If you are looking for a joyous family service with some of the best music around, this is the service for you.

11:00AM | A classic communion service with our fabulous choir. We use Rite II from the Book of Common Prayer.

Compline (evening prayer) Mon.–Fri. at 8pm on Facebook

Online Worship
stmmts.org/live

Sunday services are broadcast on Facebook and YouTube.

St. Matthew's Staff & Vestry

Rector, Rev. C. Robert Merola, Jr.
Rob@stmmts.org

General Manager, Miriam Turner
Office@stmmts.org

Audio, Livestream Coordinators,
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Colin S.—Marketing
Haley M.—Copywriting and Youth
Rachel L.—Youth
Missy Y.—Children

VESTRY

Robby Stevens, Senior Warden
Andrew Wright, Junior Warden
Craig Dubishar
Bob Henry
Julie Kane
Sharon Muniz
Stephanie Zebrowski

Service Volunteers

Ushers

Lectors | Martha Olson, Kevin Fletcher

Eucharistic Ministers/LEMs | Debbie Majewski, Haley Elliott, Lisa Lintelman, Brian Bellamy, Gerry Wardell

Tellers | Dan Robertson

Altar Guild | Lisa Lintelman, Linda Merola, Anitrus Jones