



SAINT MATTHEW'S  
EPISCOPAL CHURCH

# Lent

THE PRACTICE OF  
LOVE & BELONGING

First Sunday in Lent  
Sunday, March 9, 2025 • 8:00am



## WEDNESDAYS IN LENT STMTTS.ORG/LENT

Join us for a weekly discussion series exploring themes of love, healing, and connection from **Gregory Boyle's Cherished Belonging**.

On Wednesdays starting at 6:30PM we'll enjoy a light soup and salad supper, engaging discussions for all ages, and a short Compline worship to end the evening. For all the details and to sign up to share a soup or salad one evening, visit [stmtts.org/lent](http://stmtts.org/lent).

## EASTER FOOD DRIVE DUE: SUNDAY, MARCH 30

Share God's love this Easter through the act of packing a reusable grocery bag with essential food items. Join us in achieving our goal of donating 250 bags to those in need this Easter. Drop off all donations before March 30. We encourage you include a notecard or drawing with a heartfelt message.

Sign up to sort food, purchase extra supplies, deliver bags, and more: [stmtts.org/EasterBags](http://stmtts.org/EasterBags)

## WELCOME

We know that going to church or to a new church for the first time can be nerve-racking. We want to help make your first experience at St. Matthew's a great one!

If this is your first visit to Saint Matthew's, we welcome you. Please join us between services for coffee, tea and refreshments in the Parish Hall. For more information about our community, visit our website [www.stmmts.org](http://www.stmmts.org). We are so glad you are here!



## COMMUNION OF THE PEOPLE

All baptized Christians are welcome to participate in communion. If you would like to receive, simply place one hand on top of the other, palms up, and the priest will place bread in your hand. You may then consume the wafer. If for any reason you prefer to receive a blessing, simply cross your arms across your chest and the priest will give you a blessing. Gluten free wafers are available upon request.

Would you like to learn more about baptism? Please visit our website: [stmmts.org/baptism](http://stmmts.org/baptism) or contact our office via email at [Office@stmmts.org](mailto:Office@stmmts.org) or phone at 703-430-2121.

## INTERCESSORY PRAYER LIST

The Saint Matthew's intercessory prayer list is for those in or related to our community who are in need of prayer. It is designed so that all members of our community can pray for each other on an ongoing basis. In order to pray for those on the list, simply ask God to be with them and help them in any way needed - God knows what is going on, so we don't need to.

### Please pray for the following:

Kay, Jane, Panita, Mary Ann, Sharp Family, Amelia, Kassadi, Samantha, Dawn, Rudy, Kay, Clarissa, Dottie, Jonathan, Ageanna, Becky, RL, Darla, Gerry, Jenny, Reena, Sarah, Brandi, Barbara, Michael, Peggy, Emmett, Cathleen, Ray, BMR, Asley, Robyn, Emma, Frances, Christy, Nick, Gus, Aldana, Clint, Chelsea, Edgar, Rusty, Anne, Shelby, Kiera, Marty, Candace, Kevin, John, Ome, Renee, Grace, Kristina, Fire and Hurricane Victims, Freya, Ava, Steve, Natalie, Kristen, Sophia, Sadie, Shaundra, Larry, Don, Fabiano, Luke, John, Brenda, Pete, Valorie, Cathy, Naomi, Dan, Christy, Dennis, Diane, Brent, Mary, Sybil, Judy, James, Rick, Avery, Emory, Mario, Molly, Cooper, Rose, Sarah, Jessica, Jay, Amanda, Venessa, Desira, Rose, Sarah, Natalie D, Natalie S, Paul, Katy, Randy, Maura, Kaufman Family, Rinker Family, Blair Family, Colon Family, Suaib Family, Gonzalez Family, Omar, Mona, Tala, Bayan, Dima, Carter, Jean, Martha, Tony, Nancy, Clara, Elijah, Maria, Nancy, Cindy, Dawn, Ian, Megan, Marielle, and Bob.

If you or someone you care about are in need of Pastoral Care, please call 703-430-2121.



# 1 LENT

## First Sunday in Lent



Revised Common Lectionary

Sunday, March 9, 2025

### COLLECT

#### *Traditional*

ALMIGHTY GOD, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

#### *Contemporary*

ALMIGHTY GOD, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### **FIRST READING:** Deuteronomy 26:1-11

WHEN YOU HAVE COME into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall

make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

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### Refrain

God shall give the angels charge over you,  
to keep you in all your ways.

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### Psalm 91:1-2, 9-16 *from the Book of Common Prayer*

- |   |   |  |
|---|---|--|
| 1 | He who dwells in the shelter of the Most High, * abides under the shadow of the Almighty. | hold, * my God in whom I put my trust."  |
| 2 | He shall say to the LORD, "You are my refuge and my strong-                               | 9 Because you have made the LORD your refuge, * and the Most High your habitation, |

- 10 There shall no evil happen to you, \* neither shall any plague come near your dwelling.
- 11 For he shall give his angels charge over you, \* to keep you in all your ways.
- 12 They shall bear you in their hands, \* lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; \* you shall trample the young lion and the serpent under your feet.
- 14 Because he is bound to me in love, therefore will I deliver him; \* I will protect him, because he knows my Name.
- 15 He shall call upon me, and I will answer him; \* I am with him in trouble; I will rescue him and bring him to honor.
- 16 With long life will I satisfy him, \* and show him my salvation.

### SECOND READING: Romans 10:8b-13

“THE WORD IS NEAR YOU, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

## GOSPEL: Luke 4:1-13

AFTER HIS BAPTISM, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

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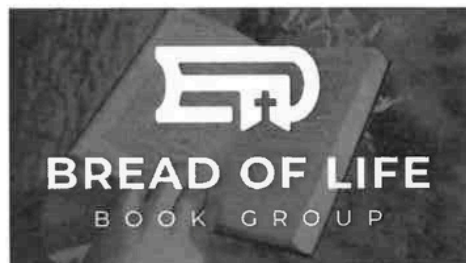
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## 2030 TOP GOLF- SUN., MARCH 16

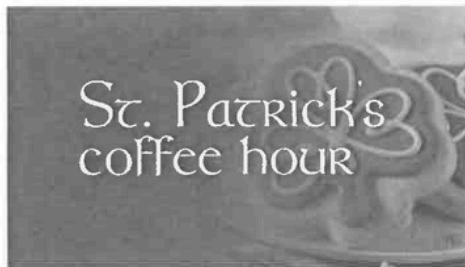
Our 2030 group is a great opportunity for those in their 20's and 30's to build friendships and community. Join Robby and Emily Stevens, to connect with others and enjoy an afternoon of fun. Meet at 12:30 PM at Top Golf - 20356 Commonwealth Center, Ashburn. Bring spending money for lunch or drinks.



## BREAD OF LIFE BOOK GROUP MONDAYS AT 7PM

We invite you to join us as we begin our study of Dane Orland's *Gentle and Lowly*.

We meet Mondays (in-person and on Zoom) for discussions that inspire, challenge, and connect us in faith. Email [office@stmtts.org](mailto:office@stmtts.org) for the Zoom link if you'd like to join virtually.



## SUNDAY FUN DAYS!

Join us at 10:30AM on Sundays for fun, fellowship, and delicious treats.

### TODAY: OREO Day!

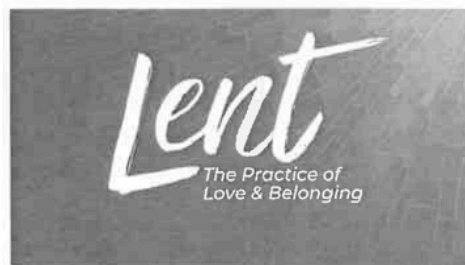
Enjoy taste testing a variety of Oreo flavors and treats.

### Sun, March 16: St. Patty's Treats

Festive treats, hot coffee, and a touch of Irish cheer!

### Sun, March 23: Chip & Dip Day

Celebrate National Chip & Dip Day with a festive spread. Snack, chat, and dip into some great fellowship. Have a favorite dip or chip? Bring it this Sunday to share.



## LENT RESOURCES [STMTTS.ORG/LENT](http://STMTTS.ORG/LENT)

We welcome you to walk the Lenten journey with us at St. Matthew's. Visit the link above to find lots of resources: book group, recipes, book and blog recommendations, FAQ's, and the St. Matt's Lenten devotional. Printed copies of the devotional are available by the front door, and in the parish hall. Feel free to take a copy to share with a friend.



## YOUTH GROUP

Activities, connection, and conversation designed specifically for middle & high school students.

Scan the QR Code to stay up to date with all the youth happenings, or contact our Youth Minister, Ben at [Ben.Merola@stmtts.org](mailto:Ben.Merola@stmtts.org).



## DONUTS & DISCOVERY

**Sundays at 9:30AM**

Students are invited to join us for donuts and engaging faith discussions tailored just for them.

## EASTER EGG HUNT CANDY DONATIONS



## CANDY DONATIONS WELCOME

Help us prepare for the much anticipated Easter Egg Hunt by donating wrapped candy and small toys. Place donations on the cart in the back hallway, and then join us at coffee hour to help stuff eggs.



**Sundays at 9:30 AM**

## ORLANDO Florida

YOUTH MISSION TRIP 2025

## SUMMER MISSION TRIP AUGUST 2-8 TO FLORIDA!

Join us as we serve communities, grow in faith, and make lasting memories. Before we head home, we'll take our minions to Universal Studios and spend our last day making memories and having fun!

Register using the link below, and make a \$150 deposit by **March 15** to reserve your space. Payment plans and scholarships are available.

**STMTTS.ORG/YOUTHMISSION**

## KIDS SUNDAY FAITH & FUN

This March, join us at 9:30 AM Faith Factory as kids March Toward Easter—learning about Lent and the spiritual journey leading to the joy of Easter!

March Memory Verse:

I tell you. You will not see me again until you say, "Blessed is the one who comes in the name of the Lord." ~Luke 13:35b

Three classes are now offered each Sunday for Preschoolers, Kindergarten – 2nd grade, and 3rd–5th grade. Stay after service for fun & games at Kids Coffee Hour.

Learn more about Faith Factory and activities for kids by contacting our Faith Factory Director, Hilary at [FaithFactory@stmtts.org](mailto:FaithFactory@stmtts.org).





**MEN'S GROUP SATURDAYS AT 8AM**

All men are welcome to meet in the classrooms on the hill for fellowship, Bible study, and encouragement. Contact mensgroup@stmtts.org.



**BACKPACK BUDDIES STERLINGHELP.ORG**

Backpack Buddies (HRTS) continues packing 280 bags of food each week to feed local school children. Join us on Tuesdays at noon and the first Sunday of each month at 10:30 AM.

Learn more about feeding children in our community by visiting the link above or contact Hilary at Hilary.Hultman-Lee@hrtsterling.org.



**PODCAST NOW AVAILABLE STMTTS.ORG/PODCAST**



**BAPTISM CLASS MAR. 30/APR 13 STMTTS.ORG/BAPTISMCLASS**

If you or your child would like to be baptized, Seminarian Gabe Oakes invites you to join our Baptism Preparation Classes on Sunday, March 30 and April 13 at 10:30AM. Baptisms will be held on Sunday, April 27 at all three services. Register using the link above by March 9.



**VACATION BIBLE SCHOOL JULY 21-25, 2025**

VBS 2025 will guide kids on the ultimate Alaskan adventure. Pointing them toward Jesus, True North VBS shows them that he is a faithful friend we can always trust—our True North.

Register today or share with a friend at stmtts.org/VBS.

Make a difference in the life of a child this summer. Adult and teen volunteers are needed to make VBS the best week of summer for children in our community. Sign up today. Documentation of service hours will be provided to all teens who need to record service hours for school clubs.

## THIS WEEK AT ST. MATT'S

### Sunday, March 9th

- 8:00 am - Rite II Worship Service
- 9:30 am - Festival Worship Service
- 9:30 am - Faith Factory
- 9:30 am - Middle & High School Student
- 10:30 am - Pastoral Care Meeting
- 11:00 am - Classic Worship Service
- 2:00 pm - On That Note Rehearsal

### Monday, March 10th

- 12:00 pm - Social Time with Candace
- 7:00 pm - Bread of Life
- 7:30 pm - Free to Live

### Tuesday, March 11th

- 9:00 am - All Ages Read Together
- 9:00 am - Staff Meeting
- 12:00 pm - HRTS/Backpack Buddies Packing
- 6:30 pm - Alcoholics Anonymous
- 7:00 pm - Education for Ministry
- 7:00 pm - Naturalization Class
- 7:00 pm - Band Rehearsal
- 8:00 pm - Compline (on line)

### Wednesday, March 12th

- 10:30 am - Outside Book Group
- 12:00 pm - Alcoholics Anonymous
- 6:30 pm - Lenten Soup Supper
- 7:00 pm - Lent Book Discussion
- 8:00 pm - Compline
- 8:00 pm - Women's NA Group

### Thursday, March 13th

- 9:00 am - All Ages Read Together
- 12:00 pm - Bible Study with Fr. Rob
- 6:15 pm - Girl Scouts
- 7:30 pm - Choir Rehearsal

### Friday, March 14th

- 9:00 am - 4:00 pm - Chick's Picks
- 8:00 pm - Compline (on line)

### Saturday, March 15th

- 8:00 am - Men's Group
- 9:00 am - 4:00 pm - Chick's Picks
- 6:30 pm - Alcoholics Anonymous
- 7:00 pm - Narcotics Anonymous
- 8:30 pm - Narcotics Anonymous

## HAPPY BIRTHDAY

- March 10th: Emory Henderson
- March 12th: Penelope Reed
- March 14th: Matt Greenlund

## HAPPY ANNIVERSARY

- March 3rd: Cheryl & Robert Cranson
- March 10th: Miriam & Mason Turner
- March 11th: Cathleen & Rick Pannell

## ATTENDANCE March 2, 2025

Time or Place	Attendance Online	Attendance In-Person
8:00 AM	13	30
9:30 AM	37	175
11:00 AM	14	40
Faith Factory		26
Youth Group		12
Ash Wed. 6 AM		14
Ash Wed. 12 AM		48
Ash Wed. 7 PM		80

## HELP SUPPORT ST. MATTHEW'S MINISTRIES



WEBSITE



MOBILE



CASH/  
CHECK

Checks can be  
made payable to  
"St. Matthew's  
Church"

For more ways to give and  
information on automatic giving:

[stmmts.org/give](http://stmmts.org/give)